

My Communication:

Learners develop communication skills through exploring plants, food, and growing activities using symbols, AAC, gestures or simple words. They make choices, name items, and respond to structured tasks linked to planting and sensory exploration. Activities focus on sequencing, sharing experiences, and using visuals to support understanding.



My Health:

Health lessons focus on developing coordination through simple ball games, rolling, target throwing, and group activities that build turn-taking. Movement tasks such as digging, watering, carrying pots, and yoga “plant poses” link physical activity to the topic theme. Learners build confidence in group play and strengthen hand-eye coordination.



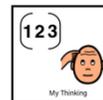
Me and My World:

Learners investigate where food comes from, how plants and animals grow, and what they need to stay healthy, linking learning to weather, seasons and life cycles. They explore identity through understanding how living things grow and change, using gardening activities to build awareness of care, boundaries and responsibility. Technology may support learning through visuals, photos, or simple digital tools used to record or sequence plant growth.



My Thinking:

Maths learning is embedded through comparing amounts (more, lots, same), simple counting, making patterns, and understanding equal and unequal groups. Learners explore early money awareness, measurement, and sequencing using real-world planting tasks. Thinking skills are developed through observing plant changes, sequencing growth, and participating in simple reflection routines.



Informal Curriculum - KS3
Topic Web: Spring 2

Topic: Ready Steady Grow



My Independence:

Learners explore how plants grow and how food moves “from garden to plate,” developing practical skills in planting and preparing simple, healthy recipes. They learn basic cooking and gardening tasks that support independence, nutrition awareness and real-world functional skills. Careers links introduce horticulture and food-related roles such as gardeners and chefs.



My Creativity:

Creative sessions explore rhythm, sound, and rhyme inspired by nature, enabling learners to make choices about sounds and music. Art activities use natural textures, printing, yarn art, and pattern-making to express ideas and develop fine-motor skills. Dance and drama incorporate role-play, movement regulation, and imaginative activities linked to growth, nature and outdoor learning.

