

Employment and Education:

Learners practice organizing learning activities using visual schedules and follow simple instructions to build independence. Activities include matching tasks to timetables and role-playing asking for help.

Independent Living:

Focus on planning daily routines, dressing for weather, preparing simple meals, and basic money skills. Activities include sequencing routines, cooking simple snacks, and budgeting games.

Informal Curriculum - Post-16
Topic Web: Spring 1

Topic: Independent Living Skills



Health:

Emphasis on recognizing wellness, choosing healthy foods, and maintaining hygiene routines. Activities include food sorting games, hygiene sequencing cards, and exercise choice boards.

Community Inclusion:

learners learn to identify safe places, plan outings, and interact politely in public. Activities include outing planners, social stories, and role-play for greetings and directions.