



Redwood School

Personal, Social and Emotional Development (PSED) education is a planned, developmental programme of learning through which our pupils acquire the knowledge, understanding and skills they need to manage their lives now and in the future. As part of a whole-school approach, our PSED pathways develop the qualities and attributes pupils need to thrive as individuals, family members and members of society. In particular, and in cohesion with the EHCP, our PSED curriculum offers pupils with learning difficulties opportunities to make choices and decisions, and develop personal autonomy by having a degree of responsibility and control over their lives. They can also find out that there are different viewpoints, which leads to a respect for the opinions of others.

Within Employability for Independence, the PSED pathway aims to prepare our learners for adulthood, with particular focus on their communication and employability skills. The core themes of the PSED curriculum are relationships (including within our local community) and understanding how to have good health and be conscious of our (and others) mental health and wellbeing. Compulsory Relationship, Sex Education and Drug Education are also covered within this curriculum, often coupled with external visitors (Brook Advisory and HCRG Group).

The Skills for Independence PSED curriculum can be broken down into four separate components:

Preparation for Adulthood

Within P4A, students are supported to build knowledge around the following four areas: Employment, independent living and housing options, good health, friendships, relationships and community inclusion as they move into adulthood. Students complete work experience alongside our internship providers, practice employment skills at Coffee @ The Craven, our external café and complete various industry qualifications i.e. food hygiene.



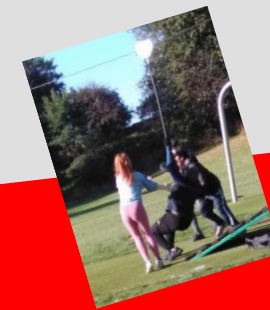
The Princes Trust

Students complete the following six units throughout a two year programme in order to develop understanding and gain qualification. These six units include; Planning for personal development, preparation for a healthy lifestyle, undertaking an enterprise project, inter-personal and self-management, sex, contraception and relationships, community project and practising leadership skills.



Independent Travel

Delivered by travel facilitators, students will work on a 1:1 basis to cover a set programme of learning. Students are selected by formal assessment A number of key skills are focussed on including: Road safety awareness, journey planning, leaving home safely, coping in emergencies and unexpected circumstances and using technology.



Duke of Edinburgh (Gold)

With assistance from staff, participants select and set objectives in each of the following areas:
 Volunteering: undertaking service to individuals or the community.
 Physical: improving in an area of sport, dance or fitness activities.
 Skills: developing practical and social skills and personal interests.
 Expedition: planning, training for, and completion of an adventurous journey in the UK.





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Within Skills for Independence, the PSED pathway aims to prepare our learners for adulthood, with particular focus on their communication and independence skills. The core themes of the PSED curriculum are relationships (including within our local community) and understanding how to have good health and be conscious of our (and others) mental health and wellbeing. Compulsory Relationship, Sex Education and Drug Education are also covered within this curriculum, often coupled with external speakers such as the Brook advisory and HCRG Group.



Preparation for Adulthood

Within P4A, students are supported to build knowledge around the following four areas: Employment, independent living and housing options, good health, friendships, relationships and community inclusion as they move into adulthood. Students complete life skills within our internal flat, work experience within the school office, and employability skills through our catering course and a Redwood school shop.



The Skills for Independence PSED curriculum can be broken down into four separate components:

Discrete PSED Lessons

Students complete a number of differentiated units, focussing on developing their communication and independence, throughout the academic year. These units include; Rights and Responsibilities, Drugs, Alcohol and Tobacco, Exploring the World of Work, Financial Choices, Health and Wellbeing and Sexual Health. The students also use the Redwood flat to embed Independent Living Skills into their learning.



Independent Travel

Delivered by class teachers, students will work as a collective group to cover a set programme of learning. Students familiarise themselves with the Independent Travel program, with increased support, prior to being considered for formal assessment. A number of key skills are focussed on including: Road safety awareness, journey planning, leaving home safely, coping in emergencies and unexpected circumstances and using technology.



Duke of Edinburgh (Silver)

With assistance from staff, participants select and set objectives in each of the following areas:
 Volunteering: undertaking service to individuals or the community.
 Physical: improving in an area of sport, dance or fitness activities.
 Skills: developing practical and social skills and personal interests.
 Expedition: planning, training for, and completion of an adventurous journey in the UK.

