

## Employment / Education (Being a Good Citizen):

Learners develop awareness of familiar people, routines and roles through sensory community exploration, role-play and early decision-making experiences. They practise intentional communication by choosing greetings, voting between activities using switches or symbols, and taking on simple helper roles within the class. Pupils build early understanding of citizenship through participation, turn-taking, recognising others and contributing to shared routines with support.

## Independent Living (My Environment and Keeping Safe):

Learners explore safe and unsafe sensations, respond to multisensory stop/go cues and practise transitions using objects of reference and predictable routines. They build tolerance for essential safety equipment and develop awareness of environmental safety through sensory sorting, safe-spot hunts and simulated journeys. Pupils begin to recognise safety cues, anticipate hygiene or movement routines and participate with increasing confidence in guided self-care tasks.



Post-16 Pre-formal Curriculum  
Topic Web: Summer 1

# Topic: Express Yourself



### Key Texts:

*Still I Rise* — Maya Angelou  
*Beautiful Oops!* — Barney Saltzberg  
*The Colour Monster* — Anna Llenas  
*Shine* — Sarah Asuquo



## Community Inclusion (Being Me, Expressing Myself and My Relationships):

Learners explore self-expression through mirrors, sensory art, movement and emotion-based activities such as Colour Monster-inspired bottles and soundscapes. They build early social awareness by noticing others, taking turns, joining shared sensory experiences and expressing preferences using their communication method. Pupils strengthen identity and belonging through exploring books, community sensory boxes, cultural arts experiences and gentle, supported interaction with peers.



## Health (Keeping Myself Healthy and Clean):

Learners develop participation in hygiene routines through sensory cues, tactile exploration and supported actions such as reaching, grasping or activating self-care switches. Activities such as warm-water handwashing, textured toothbrush trails and comfort-check routines support tolerance, anticipation and communication of likes or dislikes. Pupils explore healthy choices through sensory cafés and experience calming, body-awareness activities that promote comfort, wellbeing and emotional regulation.

