



Vocational Area – Sports and Recreation

- **Who?** Year 12/13 mixed groups based on 'stage not age'
- **Where?** Rochdale campus
- **How?** 2 year rolling programme - 2 days a week working on a half termly 'project' (BTEC briefs) focusing on Sports and Recreation skills and industries.
- **Overview of some skills covered:**
 - Incorporated Functional Literacy, Numeracy and ICT/ administration skills
 - Sport skills
 - Health and wellbeing skills
 - Teamwork skills
 - Possible industry standard qualifications –Moving and Handling, First Aid



Things to consider when choosing this course:

- You will be learning skills in lots of different sports including new ones and ones you may have tried previously
- You will learn about recreational/ leisure activities that people take part in, in the community
- You may be outside a lot: you will need sporting clothing for different weather conditions
- You will need to have a good understanding of how to look after your body and be able to give advice to others.

